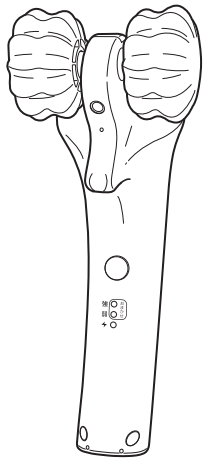


ELECOM  
Healthcare

ECLEAR  
corol

ECLEAR Handy Roller

Electronic massager V01  
Attached Documents  
Instruction Manual  
HCM-V01R Series



Prepared in November,  
2018 (First Edition)

Thank you very much for purchasing this product.  
This Instruction Manual features operating methods, as  
well as precautions for safe handling of the product.  
Please read this Instruction Manual before use. After  
reading, keep this manual safe for future reference.

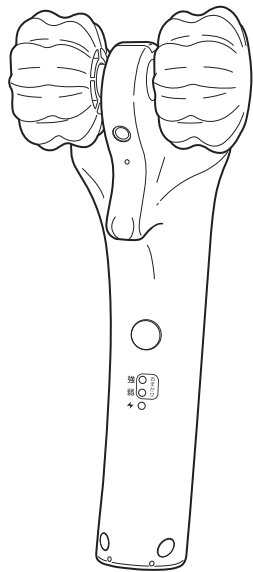
For Japan use Only

If you made your purchase in another country, please refer to  
that country's manual/purchase.  
[www.elecom.co.jp/global/download-list/manual/](http://www.elecom.co.jp/global/download-list/manual/)

Package Contents

Make sure there are no missing parts before use. The product is packed  
with the greatest care, but if you still find any missing or damaged parts,  
contact the distributor you purchased the product from or the ELECOM  
Information Centre (▶Page 21).

Main Unit



Special USB Cable



Attached documents and  
Instruction Manual (this document)

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Safety Precautions (Be sure to always follow these precautions)

Read the following precautions thoroughly to prevent property damage or harm to you or  
other people.

■ In the following table, degrees of possible damage or risk caused by misusing this  
product against the precautions are described.

	<b>WARNING</b>	Matters described with this symbol indicates that there is "high probability of death or serious injury can be anticipated".
	<b>CAUTIONS</b>	Failure to observe Cautions may result in personal injury or property damage.

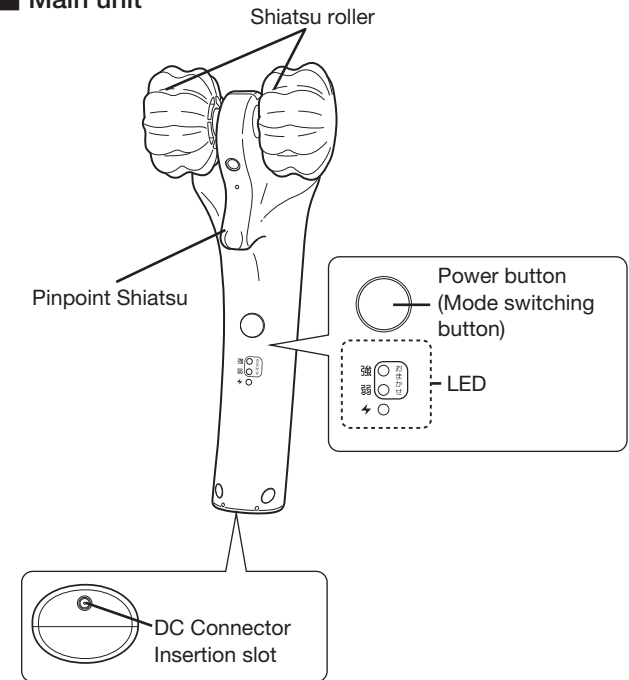
	This symbol indicates a prohibited action.
	This symbol indicates a mandatory action.

	<b>WARNING</b>
	Any person whose condition corresponds to any of the following should consult a doctor prior to use. <ul style="list-style-type: none"><li>• People who are using implantable medical electrical devices that are susceptible to electromagnetic interference such as pacemakers</li><li>• People currently receiving medical treatment from a doctor, especially those experiencing particular abnormal bodily symptoms</li><li>• People who have malignant tumours (cancer)</li><li>• People with heart disorders</li><li>• Pregnant women or those who have just given birth</li><li>• People who have perceptual dysfunctions arising from a high degree of peripheral circulatory failure due to diabetes or the like</li><li>• People with skin wounds</li><li>• People that need to remain rested</li><li>• People with a body temperature of 38°C or higher (during fever) ※ Example 1: Acute inflammatory of symptoms (e.g. fatigue, chills and blood pressure fluctuation) ※ Example 2: When feeling weak</li><li>• People with osteoporosis, acute (painful) conditions such as a fractured spine, strained or pulled muscles</li><li>• People with an abnormal spine or people whose spine is turning to the left or right</li><li>• People with disc herniation</li><li>• Other, if you are particularly aware of a physical problem, or are being treated by a medical institution</li><li>• People perceiving no effect following a significant period of use It will cause accidents or health problems.</li></ul>

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Names of individual components

■ Main unit



■ Dedicated USB Cable



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	<b>WARNING</b>
	The following people must not use this product: <ul style="list-style-type: none"><li>• People whose doctors have prohibited them from receiving a massage ※ Example: Those with a blood clot (embolus) disease, a severe aneurysm, acute varicose, various types of dermatitis, or skin infections (including hypodermics inflammation.) Etc., It may lead to a deterioration of symptoms.</li></ul>
	Do not use this product for any other purpose than massaging. Also, do not use on the head, face, chest, belly, bony area (elbow, knee, etc.), pubic area. It could cause accidents or injuries.
	Do not use the Shiatsu Roller or Pinpoint Shiatsu with excessive force. It could cause accidents or injuries.
	Do not use this product on people who cannot give their consent for use or cannot operate it by themselves. Do not let children use or play with this product. Do not store or use this product in a place where children can reach it. It could cause accidents, device malfunctions, or injuries. In the event that parts are swallowed, consult a doctor immediately.
	Do not use this product by standing on the body or sitting on it. It could cause accidents, device malfunctions, or injuries.
	Do not use the product together with any other therapeutic apparatuses. Doing so can cause poor physical health and can make the user feel unwell.
	Do not disassemble, repair or modify the product. There is a risk of fires or electric shock.

	<b>CAUTIONS</b>
	Do not use for more than 10 minutes per day. Also, do not use for more than 3 minutes in 1 place. It will cause accidents or health problems.
	Be sure to hold this product in your hand. It could cause accidents, device malfunctions, or injuries.

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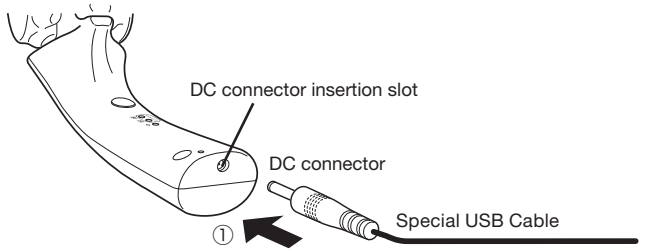
Preparation

Be sure to charge the product until it is fully charged prior to using the product (immediately  
after purchasing the product or when the product has not been used for a long time) or  
when the charge is depleted from use.

Charging

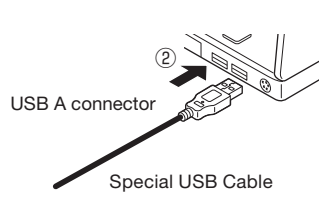
- 1 Plug the DC connector of the special USB cable into the DC  
connector insertion slot of the main unit.
- 2 Connect the USB A connector of a special USB cable to the USB  
port described below and turn on the power.  
※ When properly connected the LED flashes as the figure in the  
lower right.

■ Main unit side



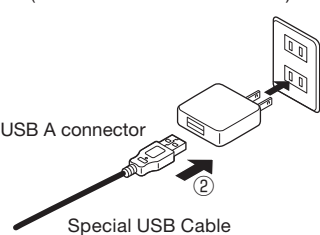
■ Connect to PC

USB2.0, USB3.0 or USB3.1 port  
on PC that meets the IEC60950  
standard



■ Connect to USB charger

USB charger  
(Model number: HCM-AC2A01)



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	<b>CAUTIONS</b>
	If you feel anything unusual during use, stop using it immediately and consult a doctor. It will cause accidents or health problems.
	After use, turn off with the power button. It could cause accidents or injuries.
	If you find a defect, stop using it immediately, turn off the power, and contact the distributor or our information centre. It could cause accidents or injuries.
	Do not use in the following ways. <ul style="list-style-type: none"><li>• When severely fatigued</li><li>• When under the influence of alcohol</li><li>• When eczema is occurring</li></ul> It could lead to poor physical conditions.
	Do not use this product for 1 hour after or before meals. It could lead to poor physical conditions.
	Do not sleep during use. It could cause accidents or injuries.
	Do not use while in your futon (or bed), in a kotatsu (Japanese heated table), or covered with a blanket. Also, do not use it near heating devices, such as a heater, or when smoking. It will cause fires or a rise in motor temperature.
	Do not attach accessories or hard things to this product. It could cause injuries.
	Do not drop the product nor subject it to strong impacts. Such use could cause an electric shock, injury, or device failure.
	When cleaning, do not use benzene, paint thinner, alcohol or hot water. It may cause discoloration or deformation.
	Do not use the product in places with high humidity, such as bathrooms, and underwater. Such use could cause an electric shock, fires, or device failure.

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Charging time: Approx. 2 hours

- 3 Once charging has been completed the LED will stop flashing and  
remain turned on.  
Once charged, remove the special USB cable by following the procedures  
described above in the order of ②→① for safety. This product can be used  
for about 3 hours on 1 charge.  
※ Varies depending on operating details and operating environment.

CAUTIONS:

- The use of a travel converter or any other power converter to charge the  
device may cause overheating or fires.
- Never use the product when the main unit' s DC connector insertion slot is  
wet.
- The product cannot be operated while charging.
- The operable time will gradually decrease as you repeat charging. If the  
operation time becomes extremely short, the battery has expired but it is  
not replaceable.

LED

The colour of the LED light changes depending on the remaining amount of  
battery as shown below.

[0 to 30%]	[30 to 80%]
Strong Weak ⚡	Strong Weak ⚡
[80% -]	[Fully charged]
Strong Weak ⚡	Strong Weak ⚡
○ Off	○ Off
⚡ Flashing	⚡ Flashing
● Continuously lit	● Continuously lit

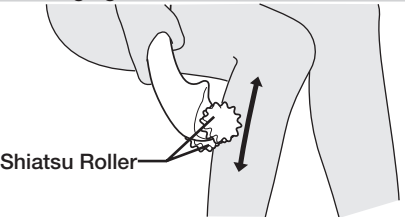
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	<b>CAUTIONS</b>
	Do not use the product during operation of a car, motorcycle, bicycle, etc. It will cause accidents or problems.
	Avoid touching the DC insertion slot with any part of your body such as a hand or a finger. Such use could cause an electric shock or device failure.
	Do not insert any metallic objects into the DC connector slot. It will cause fires or heat generation.
	Avoid excessive pulling or bending of the USB cable, or placing heavy objects on the cable. Doing so can cause damages, cable disconnection, fires, and electric shock.
	Do not use if the dedicated USB cable is damaged, or the DC connector insertion slot is loose. It will cause fires or electric shock.
	Do not charge the product using a transformer, such as a travel converter. It will cause fires or heat generation.
	Do not charge it inside a car using a cigar socket. Doing so can cause fires, heat and device failure.
	Do not touch the cable with a wet hand. If this is not done it can cause electric shocks and accidents.
	Do not use a special cable for purposes other than charging the base unit.
	Never charge while the main unit is wet. Doing so can cause heating, electric shock, and fires.
	Use the product after verifying that the power button operates normally.
	Verify that the product operates normally and safely before use according to the operations described by the Instruction Manual when using the product for the first time or if the device has not been used for a while.
	Before use, make sure there are no cracks or breakage on the main body and there is no breakage on power button. Waterproof ability would be affected and it could cause electric shock, fires, or device failure.

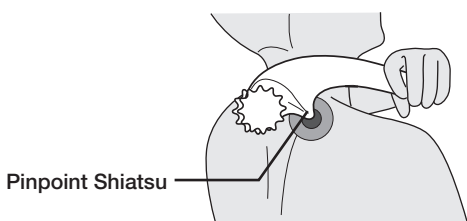
5

How to use

Put pressure on the Shiatsu Roller while rolling over the entire  
area for massaging.



Press the Pinpoint Shiatsu on the area for massaging.

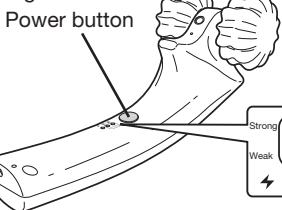


Turn on the vibrator and massage with the Shiatsu Roller or the  
Pinpoint Shiatsu.

① Turning the power on.

Press and hold the power button for about 1 second. The device  
will be powered on and begin treatment.

The "Weak" LED light turns on.



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	<b>CAUTIONS</b>
	Securely insert the special USB cable to the root when charging. Charging with improper insertion slots can cause fires or electric shocks.
	Do not pull on the cord but instead hold the connector when removing the special USB cable from the main unit. Failure to do this could cause an electric shock, short circuit, or device failure.
	Charge at least once in 3 months. After it is completely discharged, charging might be impossible.
	If a power failure occurs during charging, stop charging immediately. If this is not done it can cause electric shocks and accidents.
	When disposing of this product, please do so in accordance with the regulations of your municipality.
	Please make sure to read the Instruction Manual carefully before use. Also, please check the device for any abnormalities.
	Keep this product clean so as to not affect it' s next usage and store in a place with low humidity.

About this product

■ Intended Use or Indications

Anma, substitution for massage.

Fatigue recovery, promotion of blood circulation, removal of muscle  
tiredness, relaxing of muscle stiffness

Reduces nerve and muscle pain

This product should be used at home.

■ Standard Treatment Time

Approximately 10 minutes per day is the rough standard of operation.

Continuing use beyond 3 minutes can cause poor health.

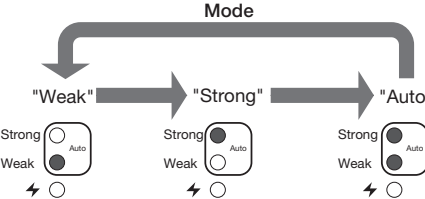
This product incorporates a timer that automatically turns off power  
when about 5 minutes have elapsed since the treatment time.

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② Switching mode

Press the power button during treatment to select a mode.  
When the power button is pressed, the product mode switches in the  
manner described below.

※ When the power is turned on the device starts in "Weak".

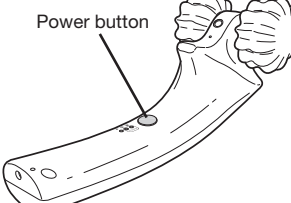


※ "Auto": The  
rotation  
frequency  
changes  
randomly  
between "Weak"  
and "Strong".

③ Turn off the device.

After about 5 minutes of treatment the device will automatically turn off.

※ To turn off the device during treatment, press and hold the power  
button for about 1 second.



CAUTIONS:

- If pain occurs at the time of usage, please use a towel, etc.
- Do not leave the product in a location with high temperatures or  
humidity, where it is exposed to direct sunlight, or is within the reach  
of small children.

■ Effective Treatment Timing

The treatment is more effective when administered after a bath. Because  
the body is warmed, the blood circulation effect is also increased.  
Since this product has been given waterproofing equivalent to JIS IPX6, it  
can be used with confidence even if the body is wet.

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